

We are Breast Friends

verse 1

We come from different places
Each carrying our own weight
With stories on our shoulders
And words we haven't said

We find a seat beside each other
No need to explain
Just a look that says, I see you
In a space that feels safe

chorus

We are Breast Friends
Side by side
Holding steady through the tide
We are Breast Friends
Here to stay
Finding strength along the way
Hand in hand
Heart to heart
Standing strong just as we are
We are Breast Friends

verse 2

We listen with our whole selves
We stay when things feel hard
We make room for every feeling
Every truth, every scar

There's laughter where you least expect it
Light breaking through
In being fully understood
By women just like you

chorus

We are Breast Friends
Side by side
Holding steady through the tide
We are Breast Friends
Here to stay
Finding strength along the way
Hand in hand
Heart to heart
Standing strong just as we are
We are Breast Friends

bridge

This is sisterhood
This is staying close
This is being there for each other
When it matters the most

final chorus

We are Breast Friends
Side by side
Different paths, same ground
We are Breast Friends
Here to stay
Lifted up by what we've found
Hand in hand
Hearts aligned
Stronger because we stand side by side
We are Breast Friends
We are Breast Friends



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written by Carrie, Co-Founder of Breast Friends, inspired by the voices, experiences and friendships within our community.